

Jacob Michael Lickey

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Education

Master of Social Work, Western North Carolina University, Cullowhee, NC (May 2019)

- Advanced Generalist, specializing in clinical social work and substance use disorder treatment

Bachelor of Arts in Psychology, University of North Carolina Asheville, Asheville, NC (December 2014)

- Minor: Sociology
- Graduated Cum Laude, Distinction in Psychology

Licensure

- **Licensed Clinical Social Worker-** Associate
- **Licensed Clinical Addictions Specialist-** Associate

Work & Related Experience

Outpatient Therapist, Family Preservation Services, Asheville, NC (June 2019- present)

- Facilitated Substance Abuse Intensive Outpatient groups
- Performed individual therapy sessions
- Facilitated various therapeutic groups
- Performed assessments and created treatment plans for clients
- Performed case management services

Clinical Intern, Red Oak Recovery, Leicester, NC (August 2018-May 2019)

- Facilitated process and psycho-education groups
- Performed individual therapy sessions for a caseload of clients
- Staffed clients and contributed to clinical team decision making
- Performed case management tasks including aftercare planning
- Worked with clients in early recovery in a clinical treatment setting
- Established rapport with clients and guided them to making positive, recovery-oriented choices
- Helped support/mentor residents to assist in successful transitions into recovery-based lifestyle

Clinical Intern, Family Preservation Services, Asheville, NC (January 2018- May 2018)

- Facilitated Substance Abuse Intensive Outpatient groups
- Performed individual counselling for Clients with both mental health and substance use disorders
- Shadowed/ Co-facilitated therapy groups including Basic SUD, Teen SUD, and DBT skills
- Created and implemented curriculum for Substance Abuse Intensive Outpatient groups
- Assisted clinical staff with client treatment and served on treatment teams
- Worked with clients teaching life skills in individual and group settings

House Advisor, Cooper Riis, Asheville NC (February 2015-August 2015)

- Established supportive inter-personal relationships and rapport with residents
- Worked with clients of all ages whom had a variety of diagnosis' including depression, anxiety, social anxiety, bipolar disorder, schizophrenia, as well as personality and substance abuse disorders
- Mentored and supported residents to assist their transitions into successful recovery
- Counseled and proposed solutions on a wide range of issues including life skills, interpersonal disputes, treatment barriers, crisis management and everyday concerns

