

**Katelyn Monday**  
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## Education

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### **Master of Arts, Clinical Mental Health Counseling** (August 2019)

*Appalachian State University*

Certificate: Addictions Therapy Certificate

Cumulative GPA: 4.0

### **Bachelor of Arts, Psychology** (May 2017)

*University of North Carolina Wilmington (UNCW)*

Soar Ambassador Grant: awarded a 4-year merit based scholarship for first generation college students

Minor: Studio Art

Cumulative GPA: 3.89

Major GPA: 3.95

## Certificates & Continuing Education

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### **Licensed Addiction Specialist**

September 2019

### **Licensed Professional Counselor Associate**

October 2019

## Counseling Experiences

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### **Daymark Recovery Services, Avery County**

August 2018-August 2019

*Clinical Intern*

- Utilize CBT, motivational interviewing, and solutions focused therapies
- Lead substance use disorder groups, women's group, and CBT group
- Intake and assessment training

### **SSS/ACCESS Mentor**, Appalachian State University

August 2017- May 2018

*Graduate Assistant*

- Worked with first year, first generation students concerning difficulties with their first year of college, home life, & growing roots in Boone

## Experiences & Leadership

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### **Graduate Administrative Assistant**, Appalachian State University

August 2018- Present

Graduate Assistant to *Dr. Christina Rosen, Human & Psychological Department*

- Supported Dr. Rosen in her research on creativity and expressive arts therapy by compiling data, coordinating library searches, and creating research summaries
- Edited and reviewed faculty papers
- Organized and maintained student records and folders in preparation for department and CACREP audits

### **Chi Sigma Iota, Boone**

May 2018-Present

*Professional Social Event Chair*

- Created fun, stress relieving events
- Maintained social media