
CASSIEL SMITH, MA, LPC-A, LCAS-A

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SUBSTANCE USE DISORDER & MENTAL HEALTH PROFESSIONAL

Passionate human services professional with an aptitude for establishing strong relationships with clients and community partners. Dedicated problem solver with over 10 years of experience integrating mental health techniques to help others overcome barriers and achieve long-term behavior change. Enthusiastic collaborator with a particular interest in creating positive change and developing meaningful programs to improve outcomes for individuals and families.

Areas of expertise include:

- Intake/Assessments
- Individual and Family Care Plans
- Substance Abuse
- Psycho Education
- Group Therapy
- Program Development
- Case Management
- Team Building
- Collaboration

PROFESSIONAL EXPERIENCE

INSIGHT HUMAN SERVICES

2018-Present

Intensive Outpatient Clinician, Insight Human Services

- Facilitates outpatient groups and individual therapy and manages a client caseload of up to 15 clients.
- Performs initial and ongoing development of the client's Person Centered Prevention Plan.
- Provide continuous case management and coordination of care by linking, arranging, and referring for additional and/or other to community resources.
- Provide one-on-one clinical assessments and clinical diagnostic impressions in order to make recommendations for additional substance abuse and mental health treatment.
- Maintain daily reporting of all services rendered.
- Provide Psycho-social-biological Educational information to clients and their family member to assist them in the understanding and developing of positive outcomes.

INSIGHT HUMAN SERVICES

2010-2015, 2017 - 2018

Care Manager, TASC Services (Treatment Accountability for Safer Communities)

- Provide continuous care management for offenders in the criminal justice system who are suffering from substance abuse or mental health problems, and provide them with an alternative to incarceration.
- Provide one-on-one clinical assessments, clinical diagnostic impressions, and individualized service planning to make recommendations for substance abuse and mental health treatment.
- Educate clients and community members on mental health and substance abuse related topics. Classes taught as educational series via the Community Intervention Centers classes and Drug Education School.
- Plan, advocate, monitor and report the ongoing assessment of the offender's progress in TASC and treatment to ensure effective and efficient utilization of treatment resources.

WAKE FOREST UNIVERSITY

2015- 2016

Program Assistant, Intercultural Center

- Recruited to this role to design and implement new culture-specific programs to students at Wake Forest University. Responsible for managing the budget process and collaborating with other internal teams to gain program support.
- Program lead and small group facilitator for newly designed male mentorship program. Provided mentorship and became the 'go-to' support person to help students navigate complex issues that primarily impacted minority male students.
- Served as a thought leader in consulting with other student affairs departments to identify and address individual student needs.

ST. PETER'S WORLD OUTREACH CENTER

2006-2013

Mentor & Administrative Staff, Youth Ministry

- Assist in the development of youth, especially in the areas of behavioral, family, and educational issues.
- Plan and develop weekly one-on-one meetings and activities to develop strategies with youth to help them achieve successful futures.
- Also responsible for coordinating youth events by planning and executing the following: Marketing, Fundraising, Facilitating order of events, and serving as a local liaison between Churches and local businesses.

SEARS HOLDING CORPORATION

2005-2010

Assistant Store Manager, KMART Stores

- Assist in the management of an approximately 100,000 sq. ft facility. Responsible for performing merchandising and administrative tasks associated with facility operations such as Daily Budgeting and Team Leadership and Management.
- Strengthened analytical ability necessary to gather and interpret specific business and sales data.
- Motivates team both individually and collectively; 1) individually, recognizes and appreciates individual contributions and talents which promote growth of the store organization. 2) Collectively supports team accomplishments.
- Also responsible for sharing leadership and decision making responsibilities, building high performing store teams, and completing and conducting annual performance reviews to enhance associate performance.

WAKE FOREST UNIVERSITY

2003-2005

Student Athlete Mentor, Wake Forest University

- Served as liaison between University and Student Body/Student Athletes.
- Supported and counseled athletes and student body members regarding life choices: alcohol consumption, sexual activity, STDs, etc. and scheduled and conducted 1-on-1 meetings with mentees.

EDUCATION AND PROFESSIONAL ACHIEVEMENTS

Master of Arts (MA) in Professional Counseling, 2017

LIBERTY UNIVERSITY

Bachelor of Arts (BA) in Communication, Minor in Sociology, 2005

WAKE FOREST UNIVERSITY

PROFESSIONAL AFFILIATIONS, CERTIFICATIONS and LICENSES

Licensed Professional Counselor Associate (LPC-A #A14187) – *approved (7/30/2018)*

Licensed Clinical Addiction Specialist Associate (LCAS-A #24205) (10/2/2018)

National Counselor Exam – passed November 2017

Certified Criminal Justice Addiction Professional (CCJP), 2014 - 2018

American Counseling Association (ACA), 2015 – present

American Public Human Services Association (APHSA), 2008- 2012

Toastmasters – Voices of Leadership Club #900444, 2009-2011